

The One. Matthew 1. 1-17
Day One.

Week One

Listen to the episode. Read the following question, and write your answers in the box provided.

Genealogies. You discover you're directly related to one of these three people. What would be your reaction? Either a) Abraham Lincoln or b) Nelson Mandela or c) Florence Nightingale. To what extent does your family effect who you have become? What is the importance of one's ancestral roots in today's culture?

Reflection:

Are you carrying a burden from your family line? Does your family have certain patterns of behaviour that are unhealthy? Eg. Alcoholism. Anger. Coldness and reserve. Ask God to reveal where these patterns might be hindering your ability to relate to Him, and to others. Ask for forgiveness where necessary, and healing from any wounds that you have inherited from within your family. Take some time to reflect on these verses, that highlight your identity in Christ. Romans 8.1; Ephesians 1.4-7; Colossians 1.21-22.

Prayer.

Day Two.

Listen to the episode. Read the following questions, and write your answers in the box provided.

What's your understanding of the word "Messiah"? Look up the following passages and reflect on what you think the Jews were expecting. Gen 3.15. I Chron 17. 7-15. Isaiah 4.2-4. Isaiah 11. 1-10. Isaiah 42. 1-4. Isaiah 53. Jer 33. 14-18. Dan 9. 20-27. Zech 9. 9-10. Write reflections below.

Reflection:

The women mentioned in the passage illustrate God's willingness to include unexpected people in his plan. How do their stories speak to you? Look one of them up. Read and reflect on their story. Tamar. Gen 38. Rahab. Josh 2. Bathsheba. 1 Kings 1. Ruth. the book of Ruth! What do you learn about God by the inclusion of these women?

Prayer.