



### Day One

Listen to the episode. Read the following questions, and write your answers in the box provided.

***Everyone's family is a disaster.*** What makes for a happy family life? Reflect on your own family life. What is there to be thankful for, and what improvements do you have the power to make? Write some reflections in the box below.

**Reflection: Cain had a bad attitude.** His sacrifice was probably made with a hardened heart. Do you sometimes get angry with God, and serve him begrudgingly? If so, ask God to help you face where you are spiritually as a result. Confess, if necessary and ask God for guidance. Prayer.

### Day Two

Listen to the episode. Read the following questions, and write your answers in the box provided.

***Am I my brother's keeper?*** What responsibilities do you have towards those around you?

**Reflection: Home. Family. Church. Community.** In what areas is God calling you to care for people more? Try to be specific, not general. Try and pick one area in your life where God is calling for greater commitment to others.

Prayer.



## Day Three

Listen to the episode. Read the following question, and write your answers in the box provided.

Cain fails to take responsibility. What are the effects?

Reflection: ***Taking responsibility is an important character trait to develop.*** Do you agree? What happens when you fail to take responsibility for your actions? Is God challenging you on something in your life that you need to take responsibility for? If so, confess it to God and ask for strength to take the actions you need to take.

Prayer.