



### Day Four

Listen to the episode. Read the following questions, and write your answers in the box provided.

Why is prayer “in?” Write some thoughts.

Why is swearing (oath-taking) generally discouraged in the Bible? Do you swear, and if so, how comfortable are you with the language you use? If you’re aware that your language leaves a lot to be desired, write some thoughts below between you and God.

**Reflection:** What is your experience of prayer? How do you deal with unanswered prayer? Lay your burdens before God. If your prayer life is leading to spiritual growth, then thank God. See Matt 6.4-6; 6.7; 6;8-10; 21.22; Mark 6.46; Luke 6.12; Acts 10.2; Eph 6.18; Philippians 4.6; 1 Thess 5.17. Choose one of these passages, and meditate on what it teaches about prayer. Perhaps choose one action to do with prayer that you’ve wanted to do for a while, but haven’t got around to. Commit to action and ask God to help you follow through. Prayer.

### Day Five

Listen to the episode. Read the following questions, and write your answers in the box provided.

***Always Christian prayer requires our submission to the Father’s wisdom and knowledge, and even when our praying is at its most persistent and urgent, the fact remains that God gives only what is for his children’s ultimate good.*** How do you respond to this quotation? Write some thoughts below.

**Reflection:** “The prayer of a righteous man is powerful and effective.” Meditate on the truth of this verse. Take it with you today, and let it seep into your soul all through the day. If there is sin, confess it. If you have treated God like a vending machine, repent and seek guidance on how to come before him submissively. Prayer.